



**VORTEX FREERUNNING  
2024**

**7260 BELLAIRE AVE  
NORTH HOLLYWOOD, CA**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>9:00</b>							
<b>10:00</b>						Level 3 & 4 Parkour Kids (Ages 9-15) 10:00 – 11:00	
<b>11:00</b>						Level 1 & 2 Parkour Kids (Ages 9-15) 11:00 – 12:00	<b>COMPETITION TEAM PRACTICE</b> 11:00 – 1:00
<b>12:00</b>						JrKour (Age 6-8) 12:00 – 1:00	
<b>1:00</b>		<b>CHARTER SCHOOL</b> Ages 6-8 / Time Slot Coming Soon	<b>CHARTER SCHOOL</b> Ages 6-8 / Time Slot Coming Soon	<b>CHARTER SCHOOL</b> Ages 6-8 / Time Slot Coming Soon		Kidkour (Age 4-5) 1:00 – 2:00	JrKour (Age 6-8) 1:00 – 2:00
<b>2:00</b>		<b>CHARTER SCHOOL</b> Ages 9-15 / Time Slot Coming Soon	<b>CHARTER SCHOOL</b> Ages 9-15 / Time Slot Coming Soon	<b>CHARTER SCHOOL</b> Ages 9-15 / Time Slot Coming Soon		<b>KIDS OPEN GYM AGES 6+ MEMBERS ONLY</b> 2:00 – 4:00	Level 1 & 2 Parkour Kids (Ages 9-15) 2:00 – 3:00
<b>3:00</b>		Prekour (Age 4-5) 3:00 – 4:00		Prekour (Age 4-5) 3:00 – 4:00			<b>KIDS OPEN GYM AGES 6+ MEMBERS ONLY</b> 3:00 – 5:00
<b>4:00</b>	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00		
<b>5:00</b>	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	Level 1 & 2 Parkour Kids (Age 9-15) 5:00 – 6:00		Level 3 Parkour Kids (Ages 9-15) 5:00 – 6:00
<b>6:00</b>	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	<b>KIDS OPEN GYM AGES 6+</b> 6:00 – 8:00		
<b>7:00</b>	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00	<b>COMPETITION TEAM PRACTICE</b> 7:00 – 9:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00			
<b>8:00</b>	Martial Arts Tricking 8:00 – 9:00	Level 1-3 Parkour Adults 8:00 – 9:00			Level 1-3 Parkour Adults 8:00 – 9:00	Level 1-3 Parkour Adults 8:00 – 9:00	
<b>9:00</b>							
<b>10:00</b>							
<b>11:00</b>							

**CLASSES AND OPEN GYMS SCHEDULING SUBJECT TO CHANGE**

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**WWW.VORTEXFREERUNNING.COM**