



**VORTEX FREERUNNING
2025**

**7260 BELLAIRE AVE
NORTH HOLLYWOOD, CA**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00							
10:00						Level 3 & 4 Parkour Kids (Ages 9-15) 10:00 – 11:00	
11:00						Level 1 & 2 Parkour Kids (Ages 9-15) 11:00 – 12:00	COMPETITION TEAM PRACTICE 11:00 – 1:00
12:00						JrKour (Age 6-8) 12:00 – 1:00	
1:00		CHARTER SCHOOL Ages 6-8 / Time Slot Coming Soon	CHARTER SCHOOL Ages 6-8 / Time Slot Coming Soon	CHARTER SCHOOL Ages 6-8 / Time Slot Coming Soon		Kidkour (Age 4-5) 1:00 – 2:00	JrKour (Age 6-8) 1:00 – 2:00
2:00		CHARTER SCHOOL Ages 9-15 / Time Slot Coming Soon	CHARTER SCHOOL Ages 9-15 / Time Slot Coming Soon	CHARTER SCHOOL Ages 9-15 / Time Slot Coming Soon		Level 1 & 2 Parkour Kids (Ages 9-15) 2:00 – 3:00	Level 1 & 2 Parkour Kids (Ages 9-15) 2:00 – 3:00
3:00		Prekour (Age 4-5) 3:00 – 4:00		Prekour (Age 4-5) 3:00 – 4:00		KIDS OPEN GYM AGES 6+ MEMBERS ONLY 3:00 – 5:00	KIDS OPEN GYM AGES 6+ MEMBERS ONLY 3:00 – 5:00
4:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00	JrKour (Age 6-8) 4:00 – 5:00		
5:00	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	JrKour (Age 6-8) 5:00 – 6:00	Level 1 & 2 Parkour Kids (Age 9-15) 5:00 – 6:00		Level 3 Parkour Kids (Ages 9-15) 5:00 – 6:00
6:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 1 & 2 Parkour Kids (Ages 9-15) 6:00 – 7:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00	KIDS OPEN GYM AGES 6+ 6:00 – 8:00	
7:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00	COMPETITION TEAM PRACTICE 7:00 – 9:00	Level 3 & 4 Parkour Kids (Ages 9-15) 7:00 – 8:00			
8:00	Adult Parkour (Ages 16+) 8:00 – 9:00	Adult Parkour (Ages 16+) 8:00 – 9:00			Adult Parkour (Ages 16+) 8:00 – 9:00	ADULT OPEN GYM AGES 16+ 8:00 – 10:00	
9:00							
10:00							
11:00							

**CLASSES AND OPEN GYMS SCHEDULING SUBJECT TO CHANGE
(818) 326-1697 – 7260 BELLAIRE AVE, CA 91605 – VORTEXFREERUNNINGLA@GMAIL.COM
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